Knocking on the Window to the Unconscious
by Lena Mattsson

We inhabit a world permeated by an uninterrupted flow of images and narratives streaming from our digital screens—an incessant media noise in which war, violence, human suffering and utopian visions flicker past at an almost hypnotic pace. Algorithms govern our lives. To pause and reflect may well constitute the artist's true task: to knock upon the digital surface.

To "knock on the window to the unconscious" constitutes a rarely potent and aesthetically charged metaphor for the inner endeavour to establish contact with the hidden strata of the human psyche—the fleeting landscapes of dreams, the sediment of deeply buried memories, the silent whispers of intuition and the muted echoes of repressed emotion. The window here emerges as the fragile interface between the illuminated interior of waking, rational existence and the vast, still-unexplored exterior of the unconscious. The act of knocking itself—the discreet, almost metallic and hesitant rhythm—embodies the sudden perception, the unexpected apparition of the dream, or the subtle signal of instinct that persistently seeks our attention and invites us to open towards that which would otherwise remain concealed: to look beyond the immediate.

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